

CLASS-XII
SEMESTER-II
Model Question Paper
Home Science

Time: 3 Hours

Section-A

Max Marks: 50

Q.1 Answer the following sub-questions in one word or one line only.

- i) Name the nutrient whose digestion starts in the mouth.
- ii) Name the enzyme present in saliva.
- iii) Salivary glands are present in which part of the body?

Fill in the Blanks with suitable words.

- iv) Bile juice is secreted from _____.
- v) Proteins are ultimately broken down to _____ before assimilation.
- vi) Carbohydrates are broken down to _____ before assimilation.
- vii) Cellulose is a _____ (food nutrient) which cannot be digested by human body.
- viii) Food moves by _____ movement in the digestive tract.
- ix) We should take carbohydrate in the form of _____ for instant energy.
- x) _____ are absorbed in the lymph after digestion. 10 x ½ = 5 Marks

Answer the following questions in 20-30 words.

- Q.2 What do you mean by balanced diet? Does Occupational and Physiological state affect our diet? 2 Marks
- Q.3 Which factors should be kept in mind while planning a diet for an old man? 2 Marks
- Q.4 Why does the food become acidic when it reaches stomach? 2 Marks
- Q.5 What do you mean by Mechanical phase, during the Digestive process. 2 Marks

Answer the following questions in 60-80 words.

- Q.6 Name two digestive juices present in pancreatic juice. What are their functions? 3 Marks
- Q.7 Describe digestion of food in small intestines of digestive tract. 3 Marks
- Q.8 Which planning is very important for a pregnant lady. Why? 3 Marks
- Q.9 Which type of diet should be taken during fever? 3 Marks
- Q.10 Why Pressure cooking is considered one of the best methods of cooking? 3 Marks

Answer the following questions in 150-200 words

- Q.11 What are the factors affecting meal planning? 5 Marks
- or**
- Which are the principles to be kept in mind while planning in meal? 5 Marks

Section-B

Q.12 Fill in the Blanks with suitable words.

- i) Toys help in physical growth & proper development of _____ in children.
- ii) _____ is to supplement mother's milk.

- iii) Feeding bottles can be sterilized by _____.
- iv) _____ toys can be prepared at home.
- v) We should use _____ picture books for children.
- vi) _____ is the example of outdoor play material for a child.

Answer the following questions in 20-30 words.

- Q.13 What is the importance of good habits for children? 2 Marks
- Q.14 Things required during bathing a child. 2 Marks
- Q.15 Why risk of Diarrhoea is more in bottle fed children? 2 Marks

Answer the following questions in 60-80 words.

- Q.16 What do you mean by Immunization? Give the Immunization Schedule for children. 3 Marks
- Q.17 What is the importance of Nursery rhymes & stories? 3 Marks

Answer the following questions in 150-200 words.

- Q.18 Which are the factors to be kept in mind while selective play material. 5 Marks

Or

What are the factors to be kept in mind while selecting books for children? How do they help in development of a child? 5 Marks