

**CLASS-XII
PSYCHOLOGY
(Term I)**

Time: 1 Hrs

Maximum Marks: 35

SYLLABUS

- Unit I** Growth and Development: Difference between Growth and Development, Principles of Growth and Development. Stages of Growth and Development, Physical, Mental, Emotional and Social, Characteristics of Adolescence, Effect of Heredity and Environment in Growth and Development.
- Unit II** Emotions: Definition, Concept and Characteristics of Emotions, Physical and Physiological changes accompanying emotions. Difference between emotions and feelings, Important emotions: Fear, Anger and Aggression, Jealousy, Love, Happiness, Curiosity.
- Unit-VI** Intelligence : Definition, Nature and theories : Spearman's two factor theory and Thurstone's Primary Mental Abilities theory - Concept of I.Q. Measurement of Intelligence - Intelligence Tests - Relative Role of Heredity and Environment on the development of Intelligence.
- Unit-VII** Personality: Definition, Nature, Characteristics and Traits of Personality Classification of Personality: Sheldon's Jung's and Eysenck's Classifications-Theories of Personality, Freud's Psychoanalytical theory - Jung's Analytical theory, Allport's theory of cardinal traits, Carl Roger's theory of self, Adler's theory of will power.